

COACHED SESSIONS SCHEDULE EFFECTIVE JULY 1, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	BACKSPLASH (U30) Peter	RECOVERY TBD	BACKSPLASH (U30) Peter	CATCH Michael	FINISH TBD	CATCH TBD	
7:00 AM	BACKSPLASH (U30) Peter	FINISH TBD	BACKSPLASH (U30) Peter	CATCH Michael	DRIVE Grace	CATCH Peter	DRIVE Jeffrey
8:30 AM	Juniors 8:30/8:45	Juniors 8:30/8:45	Juniors 8:30/8:45	Juniors 8:30/8:45	Juniors 8:30/8:45	CATCH Peter	DRIVE Jeffrey
10:00 AM	Juniors 10/10:15	Juniors 10/10:15	Juniors 10/10:15	Juniors 10/10:15	Juniors 10/10:15	DRIVE Blake	CATCH Stefan
11:30 AM	Juniors	Juniors	Juniors	Juniors	Juniors	DRIVE TBD	BACKSPLASH (U30) Stefan
1:00 PM						FINISH Lena	FINISH Ann
2:30 PM	FINISH Ann	CATCH Ann	FINISH Michael	CATCH/DRIVE COMBO TBD	FINISH Michael	FINISH Lena	FINISH Ann
4:00 PM	CATCH Ann	DRIVE Ann	FINISH Michael	FINISH Maura	RECOVERY Michael	DRIVE TBD	RECOVERY Keiran
5:30 PM	DRIVE Lena	CATCH Peter	FINISH Blake	DRIVE Jeffrey	RECOVERY Keiran	BACKSPLASH (U30) TBD	DRIVE TBD
6:00 PM		RECOVERY TBD		CATCH - PRIVATE BOAT ONLY TBD			
7:00 PM	DRIVE Lena	CATCH Peter	FINISH Blake	DRIVE Jeffrey			