



Lake Rowing Guidelines

When rowing at Bush Lake, all MRC rowers in club equipment must be accompanied by a launch.

Cold Water/Weather Rule: When water temperature is below 50 degrees, only 4's, quads or 8's can row and must be accompanied by a launch.

1x/2x rowing: Singles and doubles may row with a safety launch once water temperature is 50 degree or higher AND the air temperature combined add to 90 degrees or higher (ex: if water is 50 degrees, air temperature must be at least 40 degrees)

All other safety precautions as detailed in the Safety Manual should be heeded, including guidelines regarding inclement weather. PFDs are required by MN state law. A PFD must be available for every rower, either in the coaching launch or in the rowing shell.